



Mount Laurel
Library

Newsletter and Program Guide

Vol. 32, Issue 9 September 2023



Sunday Concert: Homegrown String Band Sunday, September 10 2PM

The Homegrown String Band is a dynamic family trio that brings American folk traditions into the twenty-first century. They'll play the songs of The Carter Family, The Delmore Brothers, and Jimmy Rodgers, along with a tasty sprinkling of original material inspired by rural folk traditions. No registration required.



Dungeons & Dragons - Adult Group Thursday, Sept 7, 14, 21, 28 6PM

We have four separate D&D groups now! Come and join the adventure. 5E ruleset. New and experienced players welcome. Registration required.



Knitting and Crocheting Group Monday, Sept 11, 18, 25 6:30PM Wednesday, Sept 6, 13, 20, 27 1PM Friday, Sept 1, 8, 15, 22, 29 1PM

Bring a project you are working on, or get help if you are a beginner. Drop in whenever you have a free afternoon. We meet in the Craft Room. Come relax, create, and converse. No Registration required.

Medicare Enrollment Q & A Saturday, September 23 11AM

Nina Delong, a counselor with New Jersey's State Health Insurance Assistance Program (SHIP) will speak about Medicare, Medicaid, Pharmaceutical Assistance Programs, and assistance for low-income seniors. The presentation will help attendees prepare for the Medicare Annual Enrollment, which begins October 15. Registration suggested but not required.

Book Chat

Wednesday, September 20 7PM

Please join us for a book discussion of Jonas Jonasson's international bestseller "The 100-Year-Old Man Who Climbed Out the Window and Disappeared." Registration required. The zoom link will be sent a few days prior to the event.



Tai Chi for Health

Wednesday, Sept 6, 13, 20, 27 4PM

Bob Stanton teaches tai chi, a gentle exercise that can improve muscle tone, flexibility, and coordination. It can be done seated or standing. Registration required. You will receive a Zoom link the day before the event.

How Do I Organize My ___ ?

Thursday, September 28 10AM

Do you have anything you're struggling to organize? Dressers, kitchen, closets? Professional Organizer and KonMari Consultant Ana Catarrivas will talk about how to organize whatever it is you want to make tidier, so stop in and bring your questions. Registration not required.



Crystal Bowl Sound Bath Meditation

Saturday, September 23 2PM

Join us for an immersive sound bath meditation in an hour of harmonic crystal bowl sound frequencies for mind, body, and soul healing. Gentle whale songs that will soothe away your stress. Please bring your pillow, yoga mat and/or blanket for your comfort. Feel free to bring crystals and bottles of water to charge up! Chairs will be available for those who choose not to lie down on the floor. Registration required.

The library will be CLOSED Monday, September 4th.

Library Hours: Mon.-Thurs. 9:30am - 9pm, Fri. 9:30am-7pm, Sat. 9:30am - 5pm, Sun. 12noon-5pm
100 Walt Whitman Avenue, Mount Laurel, NJ 08054 856-234-7319 www.mountlaurellibrary.org

ADULTS



Movie Club: General Meeting Wednesday, September 13 7PM

In which we discuss strikes, upcoming releases, and TV series (including stuff from Martin Scorsese, Alexander Payne, and Ridley Scott!), the success of "Sound of Freedom," and of course the lingering effects of "Barbieheimer." Hosted by Irv Slifkin. Registration required. You will receive a Zoom link the day before.

Paw Print: Poetry About Cats Thursday, September 14 7PM

In this month's discussion we'll sample feline poetry from several centuries, including works by such poets as Emily Dickinson, Christopher Smart, Stevie Smith, and William Blake. (NOTE: Next month, Dog Poems!) Hosted by Paul Howe. Registration required. You will receive a Zoom link the day before.



Apples, Dumplings Saturday, September 16 1PM

Apples, a fruit brought to the United States by the Dutch, found a perfect home in the Garden State. Discover why the apple was so important to early Americans and what role New Jersey played in the growth and production of apple products. Hosted by Judith Krall-Russo. No registration required.



Piano Hinge Book Binding Saturday, September 16 2PM

Learn how to make a book using the piano hinge binding technique! This is great for making scrapbooks but can also be used to make notebooks, drawing practice books, or anything else you want. Registration required.

Film Forum: The Station Agent Tuesday, September 19 7PM

This Sundance Festival favorite, the debut film of writer/director Tom McCarthy, concerns three lonely people who form an unlikely friendship around a decommissioned railroad station in New Jersey. Hosted by Paul Howe. Registration required. You will receive a Zoom link the day before.



Foreign Film: The Grey Fox Saturday, September 30 1PM

A rescheduled showing! Gorgeously filmed in the Pacific Northwest, this wonderful Canadian film tells the true story of Bill Miner (Richard Farnsworth) as "The Gentleman Bandit," an elderly outlaw who decides to go back to a life of crime after he's released from a stint in prison. Rated PG (mild violence) In English with English subtitles. 90 min. Hosted by Irv Slifkin. No registration required.



Mindful Meditation

Wednesday, September 6, 20 10AM

Join an experienced meditation instructor and relax your mind and body. This program will be conducted on Zoom. Registration required. You will receive a link to the meeting a day prior to the event.



Song of the Islands: Hawaii & American Music

Friday, September 22 7PM

The story of how the myth of an island paradise and the culture of region made an indelible impression on the music of Broadway, movies, and the record industry from pop to jazz to blues to country and beyond. Hosted by Paul Howe. Registration required. You will receive a Zoom link the day before.

Strength and Conditioning Class for Beginners

Monday, September 11, 18, 25 7PM

Saturday, September 23, 30 11AM

Join Harman Ransi in his beginner-friendly resistance training course. The class will teach fundamental stretches and weighted exercises to build flexibility and muscle. Registration required. You will receive a Zoom link the day before.

Film Forum: There's a Future in the Past

Friday, September 8 7PM

The documentary follows big band leader Vince Giordano's meticulous hard work, culling through his collection of 60,000 pieces of sheet music, recruiting the best musicians in the style, and staging the "peppy, carefree" energy of his various jazz gigs. Hosted by Paul Howe. Registration required. You will receive a Zoom link the day before.



Foreign Film: Entre Nous

Sunday, September 17 1PM

Diane Kurys' drama focuses on the relationship between two women in France during the 1940s. Isabelle Huppert plays a Belgian Jewess who marries a soldier to avoid the Nazis. While suffering through a loveless marriage, she encounters a widowed artist, Miou Miou, and forges a close friendship. 1982. PG. In French with English subtitles. 110 min. Hosted by Irv Slifkin. No registration required.

Magic: The Gathering Night

Thursday, September 14 6PM

Stop by and play Magic: The Gathering. New and experienced players welcome. Commander has been the most popular format for experienced players. New players can borrow a starter deck and learn the game - a librarian will be available to teach you the rules. Registration not required.

KIDS



Story Time

Babies ages 0 to 18 months:

Friday, September 22 10:30AM

Toddlers ages 18 months to 3 years:

Tuesday, September 5, 12, 19, 26 10:30AM

Preschoolers ages 3 to 5:

Wednesday, September 6, 13, 20, 27 10:30AM

All Ages: Saturday, September 2 10:30AM

Join us for fun stories and songs as we explore a new theme every week! No registration required



Art Time

Sunday, September 17 2:00PM

Miss Susan combines Art History, Literature, Science, and maybe even a little Math! Participants will be exposed to a variety of artists, mediums, and techniques. No experience or supplies necessary! This is a school-aged program for grades Kindergarten and up. Please register.

Tots Art Time

Friday, September 8, 22 10:30AM

An art class for the little ones to enjoy with parents and caregivers. Registration is required for this event. This event fills quickly. We STRONGLY encourage you to register online using our events calendar as soon as registration begins. **A current Mount Laurel Library card is required to register for this event.**



Move and Groove

Monday, Sept 11, 18, 25 10:30AM

Does your little one love to dance, sing, and get active? Join us for this weekly event where we celebrate music through rhymes, songs, and dance-a-longs! Designed for ages 18 months - 5 years old, this program will give kids a chance to learn new dance moves and get active! No registration required.

Paws for Reading

Tuesday, September 26 4PM

Practice your reading skills with a captive canine audience in a private setting. Bring your favorite book from home or arrive early to choose a book from the library's collection. Grades K-4. Please note: sessions are in 15-minute blocks and registration is required.

Tumblin' Tots

Thursday, September 14 10:30 AM

Join Miss Amy of Tumblin' Tots for a fun and energetic movement class designed especially for ages 2.5 - 4 years.

PLEASE NOTE: Registration for this event begins Thursday, September 7 at 9:30am. This event fills quickly. We STRONGLY encourage you to register online using our events calendar as soon as registration begins. A current Mount Laurel Library card is required to register for this event.

Quidditch/Quadball

Fridays, September 8, 15, 22, 29 4PM

Inspired by fictional quidditch, quadball is a mixed gender sport with a unique combination of elements from basketball, dodgeball, and tag. Students will learn the non-contact version of the sport including how to score a quaffle, throw a bludger, and catch a snitch for their team! For ages 8-12 only! Please register to hold your spot.

TWEENS

First Chapter Friday

Friday, September 1 All day

Looking for something new to read but can't decide where to start? Join Ms. Molly as she introduces you to Sit, Stay, Love by J.J. Howard. If you love the undeniable connection that people have with their pets and other animals, then this one is for you. You will laugh (a lot) you will cry (a little) and maybe even learn a little something about friendship and perseverance.



Anime Matinée

- Nausicaä of the Valley of the Wind

Saturday, Sept. 9, 1 PM

Join us for a matinée screening to watch an epic masterpiece of sweeping scope and grandeur that remains one of the most breathtaking and exhilarating animated films of all time. **Yummy popcorn and snacks provided. Dress up like your favorite anime or manga character and chat afterwards. PG. 1 hr 56min.**



Tween/Teen

Domino Chain Reaction Challenge

Friday, September 8 5PM

Challenge of the night... FIELDS!!! This is a "never tried here before" challenge for students ages 8-18. This is your opportunity to create pictures, words, or random solid designs out of dominos.

Dress "Fur" the Occasion with Cedar Run Wildlife Refuge - Monday, Sept 25, 10:30 AM



What kind of living things are there? Explore fur, feathers, scales, and other touchable elements as we learn about basic animal groups. You will also get to meet some of the real animal ambassadors who live at Cedar Run! Program includes live animals. Best for ages 5-10. Registration required. To ensure that there are enough registration spots for everyone, please register child(ren) only, not their adult caregivers.

TEEN EVENTS

Adopt-a-shelf Shelving Test

Friday, September 15 6PM

Saturday, September 16 1PM

This test is for students between the ages of 10-17 (18 if still a senior) looking to participate in the Adopt-a-shelf program. It covers both alphabetical order and Dewey Decimal (1,2,3) order and should take approximately 30mins. You will be contacted after the results are tallied for your orientation. This test is offered on 2 different days. Please only register for one of the days.

TEEN VOLUNTEER

Teen Volunteer Newspaper

Saturday, Sept 9, 23 3PM

Calling all tweens and teens ages 10-17... please join us in the production of a publication created by and made for tweens and teens only. We meet in Discord and create in Canva. Minimum age for Discord is 13 so if you are under 13 a parent or caregiver will need to set up an account for you. If this is your first time joining us, please do so at a regularly scheduled virtual meeting and read the Newspaper Guidelines and Basic Information on the teen webpage. Registration is no longer needed.

ADULTS

D&D Alternatives: Cyberpunk RED

Tuesday, September 12 6PM

Join us for a series of one-session adventures in different tabletop games. This time: Cyberpunk RED. The setting is a dark cyberpunk dystopia, the same as in the hit video game Cyberpunk 2077, as well as the anime Cyberpunk: Edgerunners. Registration required. Due to the mature setting, we ask that only adults sign up for Cyberpunk.

ADULTS

Friends Corner

The Friends next book sale is **October 25th to 28th**. Wednesday the 25th is the night that members of the Friends can come and purchase books prior to the official opening of the book sale on Thursday, October 26th.

If you would like to come on the preview night and are not already a member of the Friends, please check the library website click on the Friends Corner and fill out a registration form or you can sign up on Wednesday night before entering the book sale room.

If you would like to volunteer to help on the sale days, please let us know by sending an e-mail to us. Check out our web site for further information.

Hollywood Musicals

Roberta – Friday, September 1 1PM

The Student Prince – Friday, Sept 8 1PM

On the Town - Friday, September 15 1PM

Gentlemen Prefer Blondes – Fri, Sept 22 1PM

The Pajama Game – Friday, Sept 29 1PM

Damn Yankees – Friday, October 6 1PM

A Funny Thing... - Friday, October 13 1PM

Join author/professor Irv Slifkin on a madcap tour through midcentury musicals that are funny, dramatic, and romantic. No registration required.



Tuesday Mahjong

Tuesday, Sept 5, 12, 19, 26 1PM

Mahjong is a fun and popular tile-based game of strategy, skill, and lots of luck. Some experience recommended. Bring your National Mahjong League 2023 card and a mahjong set (if you have one). No registration required.



Movie Club: Rockumentaries

Thursday, September 21 7PM

When rock music hits the screen, audiences start to roll. Let's go over some of the greatest rock docs and filmed concerts of all time. Hosted by Irv Slifkin. Registration required. You will receive a Zoom link the day before.

Movie Club: Business Movies

Wednesday, September 27 7PM

It's money that movies love, and there's been a rash of films lately about business: beanie babies, the Blackberry, Tetris, the Game Stop stock fiasco. We'll look at the great and overlooked movies filmmakers have crafted over the years. Hosted by Irv Slifkin. Registration required. You will receive a Zoom link the day before.

Chair Yoga

Wednesday, September 13, 27 10AM

Chair Yoga involves gentle yoga exercises that can be done while seated. This class will teach guided breathing, simple physical stretches, and meditation. The exercises are safe for all levels. Registration required. You will receive a link to the meeting a day prior to the event.

